

During our first Covid lockdown, when I looked out the window every morning, I expected to see a mass, like poison, descending on us.



My anxiety is spiralling out of control.



My autism consultant has been on leave for months, so I have no support to help with my son's college or anything else.

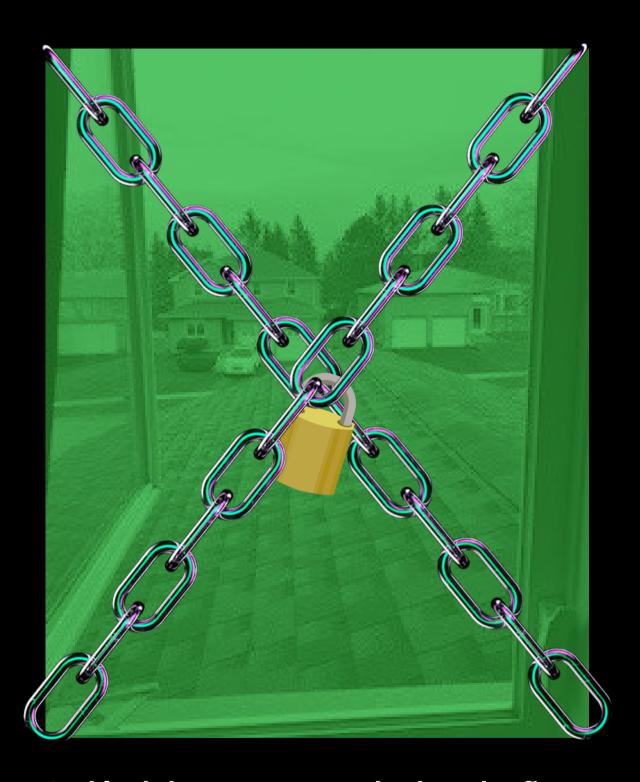
Sometimes, it feels like I am falling in a black hole.

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There have been too many changes and even though I don't do it often, I miss being able to meet up with friends whom I am comfortable with.

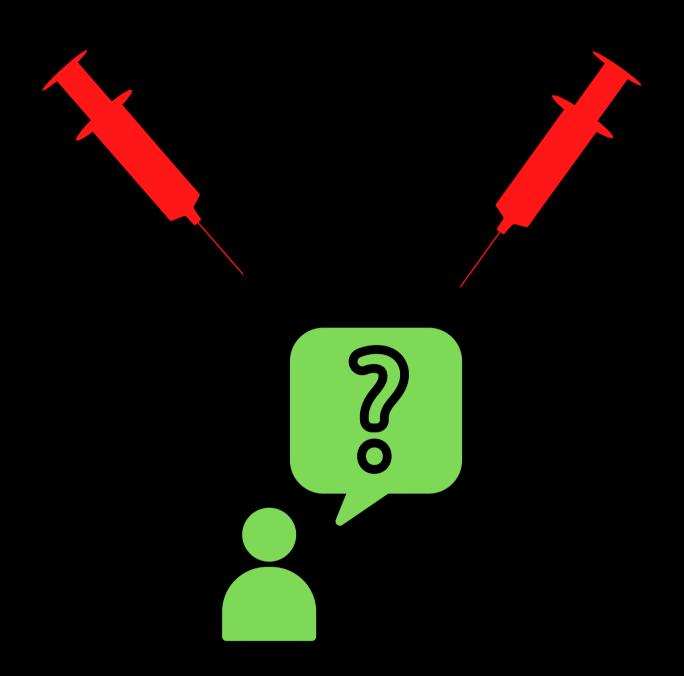
## I want this to be over!



2nd lockdown wasn't as bad as the first lockdown since not as much was closed and we were used to it from the first one.



My younger dog (11) died during the 2nd lockdown. The vet was really kind and euthanized him in the office and then brought him to my car for a while. That way I could still be with him as he died. It was a really hard time, made worse by Covid rules.



Vaccines were starting to be given but our region was not given phase two for high risk yet.

A variant identified in the U.S. (California) (B.1.427).

A variant identified in South Africa (B.1.351)



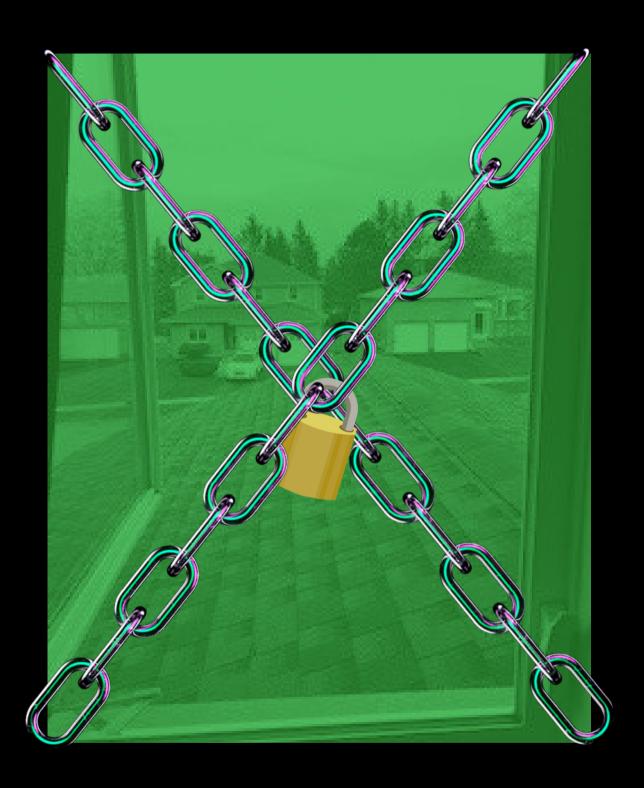
A variant identified in the U.K. (B.1.1.7).

A variant identified in Japan/Brazil (P.1).

More extreme fear as Covid variants start spreading.



We got our first shot in the beginning of April. A little less fear now. Have to wait until July for the next dose though.



Lockdown number 3. The most severe.

Will it ever end?

With vaccines rolling out, maybe? I'm not sure how hopeful to be.

## AUTISM/COVID-

## ARTIST'S STATEMENT

MANDY KLEIN

This piece is a little snippet about how COVID has affected me. In making it, I wanted to show more visually how my anxiety is being affected and thus affecting me. I created this piece using the digital photo-editing software, Canva.

About the artist: Mandy Klein is a multiply disabled autistic activist living in Newmarket, Ontario.